

RESURGENCE 2021 - AN ISABS EVENT

Resurgence 2021 is a global event open to participants from across the world. Participants may enroll for a Lab in a format and time slot that suits them the best.

ABOUT HUMAN PROCESS LABORATORY (LAB)

Typically in a Human Process Laboratory, a group of around 10-12 participants work together along with facilitator/s to learn about more about human behaviour and the various interlinked aspects. In the “lab” they learn through experience, reflection and actively experimenting with new behaviours in a contained manner / safe space. The participants discover more about themselves, their strengths, their styles, their interpersonal and group interactions, how they perceive others, and are perceived by others. The group uses the ‘here and now’ experience to derive this learning, utilising each other as a resource. The facilitator/s support in creating a climate for such learning.

IMPORTANT NOTE TO PARTICIPANTS:

1. Human Process Labs bring with them a certain depth and churning. They can be a thrilling as well as demanding learning journey, which continues beyond the labs. It is important that you recognize the unusual circumstances that we are in and seek support, if needed once the lab closes for the day.
2. ISABS will extend the best possible support to all participants, within the restrictions placed upon us by the current pandemic.
3. In sending us your nomination, you are confirming to ISABS that you have read and understood the details and that you agree to take responsibility for the unique outcomes of the program, when you nominate yourself for the lab.
4. Your nomination will be accepted subject to logistics and technical requirements being fulfilled. *Ref Annexure 2 for details.*

CAUTIONARY NOTICE: *A person who has experienced continuous mental stress or has been under psychiatric treatment or has a history of mental disorders, or has had a coronary/heart attack, must not be nominated to ISABS labs. ISABS will not be responsible for any of such problems developed during or after participation in any lab. It is implicit that each participant joins the lab with informed voluntary consent and owns responsibility for his/her own health.*

EVENT INFORMATION:

The event will offer the following labs; *(Please see annexure 1 for details about each lab)*

- ECHO I (Basic Lab) -- Entry level
- ECHO II (Advanced Lab) --- only for those who have cleared ECHO I / Basic Lab
 - *Please note: Currently offered only in Time slot 1 in Format 1 and Format 2. See details below.*
- Phase A (week 1) -- Professional Development Program (on invitation after ECHO II/ALHP)
- Phase B (week 2) -- Professional Development Program (on invitation as per the design of the program)
 - *Please Note: Phase A and Phase B are offered only in Time slot 1 in Format 1. See details below.*

Medium of learning: This will be an online/virtual event.

Dates: Participants are required to commit to attend all 6 days in both the formats.

- **Format 1:** 6 days straight - 24th Aug to 29th Aug, 2021 (Tues to Sun)
- **Format 2:** 3 days x 2 consecutive weeks - 27-28-29 Aug and 3-4-5 Sept 2021 (Fri-Sat-Sun)

Timings: Resurgence event is for participants located in different time zones and/ or with diverse time preferences. Participants may register for a time slot that works for them, irrespective of their geographical location. Participants are requested to check the exact date and time as per their local time zone.

Lab timings (IST)	Start	End	Format and Dates	Likely Best fit Time Zone
Slot 1	10.00 am	5.30pm	Format 1: 24th to 29th Aug 2021	India Time (IST)
	10.00 am	5.30pm	Format 2: 27-28-29 Aug & 3-4-5 Sept	
Slot 2	7.30 am	3.00pm	Format 2: 27-28-29 Aug & 3-4-5 Sept	South East Asia (assuming an approx. 2.5 hrs. difference)
Slot 3	1.30 pm	9.00 pm	Format 2: 27-28-29 Aug & 3-4-5 Sept	Central European Time
Slot 4	5.00 am	11.30 am	Format 2: 27-28-29 Aug And 3-4-5 Sept (India Dates)	CST (USA) Note: the US dates for this will be -- Format 2: 26-27-28 Aug And 2-3-4 Sept

PROGRAM FEES, DISCOUNTS AND BURSARIES

Participants are requested make payments after receiving an enrolment acceptance from ISABS. Enrolments will be confirmed only after we have received your consent as per the attached consent form, which elaborates the unique nature of this program. Payments made without duly signed consent form will be reversed to your account within 24 hrs.

Program Fees: Per participant for ECHO I OR ECHO II as applicable				
Particulars	Basic Fee	Associate Membership Fee of ISABS*	GST @18%	Total Fee
Corporate and Public Sector Sponsored	15000	250	2745	17995
Self, Social Sector and Education Sector Sponsored	10500	250	1935	12685

You may like to check the exact amount to be paid using <https://www.xe.com/currencyconverter/>. Alternately, you can write to us for the exact amount to be paid at admin@isabs.org

- **Early Bird discount** - 15% on Basic Fee if nomination and fees received before July 31st 2021.
- **Group Discount** of 10% on Basic Fee for a group of 4 or more participants registered together and fees paid in a single payment on or before Aug 5th, 2021.
- **Super Bonanza** – 25% Early Bird plus group discount for a group of 4 or more participants registered and fees paid in a single payment on or before July 31st, 2021.

Fee for PDP				
Fees per participant for Phase A (week 1) OR Phase B (week 2) as applicable	Basic Fee	Associate Membership Fee of ISABS*	GST @18%	Total Fee
Subsidized fee for PDP	10500	250	1935	12685

- Discounts are NOT applicable for PDP fees.
- The above fee also includes the fee for specifically designed reflection sessions for 4 hours after completion of both weeks. The reflection sessions are a part of the design and attendance is mandatory to meet the lab requirements.

***Note on Associate Membership Fee:** The Associate Membership Fee (AMF) is an annual fee. It will enroll you as associate member for one year from 24th Aug 2021.

If you have paid it any time after 23rd Aug 2020, till date of registration and payment, you may deduct the due amount (Rs.250/-) from the total fee payable and mention details of the AMF paid in the nomination form

BURSARIES:

ISABS is committed to make this learning opportunity available to those working in under resourced Non-profit organizations or community based organizations and movements. A few bursaries will be available to participants who are working with such organizations and/or are constrained with resources.

Participants will be required to submit the application for bursaries to the Ms. Kumud Issar Kalia at rc.north@isabs.org on or before Aug 5th, 2021.

The applications will be reviewed by the bursaries committee after Aug 5th, 2021 once all applications are received. You will receive an e-mail on the status of your application by Aug 15th, 2021.

For queries related to bursaries process, you may e-mail Ms. Kumud directly.

REGISTRATION AND PAYMENT DETAILS

IMPORTANT NOTE before registration and payment: Kindly ensure that you fulfil ISABS guidelines for virtual medium. (Ref Annexure 2)

REGISTRATION:

Please register yourself and/or ask nominees from your organisation to register using the appropriate link by accessing our LMS portal <https://lms.isabs.org>. Alternately, you can download the nomination form from Events page on www.isabs.org.

Nominations will be accepted on a first come first served basis and would be considered as confirmed only after full payment of fees.

PAYMENT METHOD:

Online: You may make the payment online using our online payment gateway. Use the Payment Link on our events page on www.isabs.org. Before you make the payment, kindly ascertain the exact amount that you need to pay with our accounts team, if you are unsure.

Bank Transfer: The programme fee can be wire transferred through internet into our account “Indian Society for Applied Behavioural Science” A/c no. 90482010014884 - Savings A/c Syndicate Bank, Delhi Green Park Extension branch, IFSC code for the branch is SYNB0009048. SWIFT code :

Demand Draft (DD): DD drawn in favour of “Indian Society for Applied Behavioural Science” payable at New Delhi. The DD may be sent, along with duly filled Nomination Form to Mr. Shubhojeet Pal, ISABS, B-1/33A, Mezzanine Floor, Hauz Khas, New Delhi 110 016, India

For Confirmation of Payment and Nomination status please contact ISABS Office:

Shubhojeet Pal 8802657508 | Tel: +91-11-79656771 or (011) 26964710 or (011) 26850956 | E-mail id: admin@isabs.org; contact@isabs.org

CANCELLATION POLICY

Any cancellation after the confirmation of nominations will entail a deduction of 50% of the programme fee towards administrative costs incurred by us. Cancellations on or after Aug 14th 2021, will NOT be entitled to any refund. However, a request to transfer the registration to another participant in the SAME lab, may be considered subject to written request being sent to us for the said transfer/ swap.

FOR ANY OTHER ENQUIRIES:

Write to us on dean.programmes@isabs.org OR admin@isabs.org

Call us on: Gauri Nigudkar - +91-9987026080 OR Anupama Sharma - +91-8291446773

ISABS Office: Shubhojeet Pal OR Mohan Singh @ +91-11-79656771 OR (011) 26964710 or (011) 26850956

ANNEXURE 1: ABOUT THE LABS

ISABS programmes focus on building competency in personal effectiveness and making it available for organizational and societal growth and development. Participants in ISABS labs are likely to become more sensitive to their and others' feelings, needs and behaviors as well as understand their own and others' behaviour more clearly.

ABOUT ECHO I:

THIS LAB WILL FOCUS ON “SELF” AND CREATE CONDITIONS FOR INTRA PERSONAL EXPLORATION.

This lab is the beginning of a journey that takes the participant deeper into his/her self-awareness. ECHO I is meant for persons interested in developing his/her personal and interpersonal competence and becoming more effective.

Learning Objectives:

1. Become aware of her/his/their patterns of behaviour and their impact on others;
2. Improve her/his/ their effectiveness in interpersonal interactions.
3. Recognize feelings, diagnose needs and improve her/his/their ability to deal with differences.
4. Learn the basics of group processes and their impact on self and others

ABOUT ECHO II:

This lab will be anchored more on “Self in group” rather than a simple self-exploration of ECHO Step I.

This lab is conceptualized to help further the journey of self-awareness that has begun with ECHO I or a BLHP in an ISABS event. Those Individuals who have participated in ECHO I or Basic Lab on Human Processes and have been cleared for attending ECHO II or an Advanced Lab, may participate in ECHO II.

Learning Objectives:

1. Understand group processes and how group processes impact self and vice versa
2. Develop greater awareness of self, interpersonal and group processes and explore with that awareness.
3. Develop understanding around issues of diversity, especially gender, age, religion and caste.
4. Practice and learn the skills of making process observations.

PROFESSIONAL DEVELOPMENT PROGRAM (PDP)

1st edition of the Professional Development Programme (PDP) in an online format using virtual medium has been executed in years 2020 and 2021. We are beginning the 2nd edition of the same in Aug 2021. The program is held in a slightly different design. The two weeks of both Phase A and Phase B are offered separated by a gap of time. A reflection session is scheduled between the two weeks.

Visit us on <https://www.isabs.org/professional-development-program.html> for more information on PDP

LIKELY LEARNING OUTCOMES OF ATTENDING THESE LABS

This methodology, popularly known as ‘T-Group’, ‘L-Group’, ‘Sensitivity Training’ or ‘Laboratory Education’ is primarily through experience, and can be more specifically defined as “learning through reflection on doing”. With personal growth comes the ability to understand the group, and the organization. It helps in developing the ability to interact in a more authentic, open and spontaneous fashion, the ability to recognize one’s feelings, accept the vulnerability of sharing them and take the risk of becoming fully engaged with another person and/or a group of people.

Learning Focus	Likely Individual Benefits	Likely Organizational Benefits
Self-Awareness	The individual becomes aware of her/his emotions, strengths and weaknesses.	S/he accurately assesses herself/himself and develops self-confidence to perform organisational tasks.
Leading Self	The individual develops the capacity to effectively manage her/his motives and regulate their behaviours.	The payoff for the organisation is an individual potentially with self-control, trustworthiness, conscientiousness, initiative, ability to adapt & effectively influence others
Group Process and/or Social awareness	The individual develops the capacity to understand what others say and feel and why they feel and act as they do.	This results in improved empathy, organisational awareness and service orientation
Inter-personal / Group process skills	This capacity enables the individual to get desired results from others and reach personal goals.	As a result the individual is able to develop others, provide leadership, influence, communicate effectively, becomes a change agent, able to manage conflicts, build bonds, teamwork and collaboration.